



Memorandum

To: State Association Executive Officers

From: Bill Heinz, M.D., Chair of the NFHS SMAC
Bob Colgate, Director of Sports and Sports Medicine

Subject: State Association Sudden Cardiac Arrest Policies

Date: July 31, 2016

Those of you who were able to attend the 2016 NFHS Annual Summer Meeting in Reno will remember that I discussed the issue of Sudden Cardiac Arrest at the Second General Session and also at the Sports Medicine Discussion Forum. One of my points of emphasis was to urge the State Associations to get out in front of the Sudden Cardiac Arrest issue by developing policies and procedures for your member schools to address this issue, and not wait for this to become a bill in your State Legislature. To this end, I have been in touch with Mr. Darren Sudman, the Executive Director of Simon's Fund, who is very interested and willing to work with State Associations in order to help craft policies that work for your State, your State Association, and your Member Schools. This approach has worked well for both Florida and California. You will remember that the NFHS partnered with Simon's Fund to produce the Sudden Cardiac Arrest course for NFHSLearn.com (<http://nfhslearn.com/courses/61032/sudden-cardiac-arrest>). Please contact Bob Colgate (BColgate@NFHS.org) or Darren Sudman (darren@simonsfund.org) if you would like to take advantage of this opportunity.

Bill Heinz, MD
Chair – NFHS Sports Medicine Advisory Committee (SMAC)